

TREATMENTS

Swedish massage

Tension and hardening in the musculoskeletal system are specifically released with gentle and intensive movements. The muscles are stretched, loosened and relaxed. Blood circulation improves and the metabolism is stimulated.

<i>Partial body</i>	<i>30 Min</i>	€ 45,-
<i>Full body</i>	<i>60 Min</i>	€ 84,-

Foot reflexology massage

The entire body is reflected on our feet. The foot reflexology massage can thus release blockages in the whole body, strengthen the self-healing powers and increase the general well-being. In addition, the tissue on the foot is intensively loosened and relaxed.

<i>30 Min</i>	€ 45,-
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Tyrolean massage

intensively relaxing and regenerating massage – with arnica oil and extra time for back, shoulders and neck. Final application with marmot ointment and relaxing pine oil. Ideal for overstrained muscles and joints! (Partial body 45 min, Full body 75 min)

<i>Partial body</i>	<i>45 Min</i>	€ 66,-
<i>Full body</i>	<i>75 Min</i>	€ 105,-

Dorn-Breuß

The method developed by Dieter Dorn is a gentle but very effective spinal and joint treatment for the entire musculoskeletal system.

The sensitive, highly energetic back massage with St. John's wort oil is able to release physical and mental blockages.

The spine is gently stretched, which can lead to deep relaxation of the entire back.

<i>60 Min</i>	€ 87,-
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Relaxation massage

Pure relaxation from head to toe! The soothing strokes promote circulation throughout the body, have an immune-boosting effect and allow the mind to float.

<i>75 Min</i>	€ 105,-
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Your personal PURE experience

Decide for yourself what your body needs right now.

Design your desired treatment together with our masseuse.

The best massage techniques are combined from a wide range and individually adapted to your needs!

<i>75 Min</i>	€ 105,-
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